

# Carbon-Monroe-Pike Mental Health and Developmental Services Advisory Board

MINUTES	JUNE 25, 2018	7:00 P.M.	724 PHILLIPS STREET STROUDSBURG, PA 18360
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A meeting of the Carbon-Monroe-Pike Mental Health and Developmental Services Advisory Board was convened on this date at 7:00 p.m. in the MH & DS Administrative Conference Room at 724 Phillips Street, Suite 202, Stroudsburg, Pennsylvania and via conference call.

<b>MEETING CALLED BY</b>	Dr. Samuel Dolgopol and Tina L. Clymer, MS, LPC, Administrator
<b>CHAIR</b>	Dr. Samuel Dolgopol
<b>RECORDING SECRETARY</b>	Beth Bingaman-Lutz
<b>PRESENTER</b>	Jamie Kovacs, MA, LPC, ACT Team Leader
<b>BOARD MEMBERS PRESENT</b>	Dr. Samuel Dolgopol, Commissioner Moyer, Susan Barradale, Tom Carasiti, Dr. Laurene Clossey, Dorothy Eberts, Eugene Pelletreau, and Elizabeth Torkildsen
<b>BOARD MEMBERS ABSENT</b>	Commissioner O’Gurek, Commissioner Guccini, and Constance Proctor
<b>STAFF MEMBERS PRESENT</b>	Kathleen Peterson, Jennifer Williams, and Beth Bingaman-Lutz

## AGENDA TOPICS

<b>PRESENTATION</b>	<b>Salisbury Assertive Community Treatment (ACT) Team</b>	Jamie Kovacs, MA, LPC ACT Team Leader
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Ms. Kovacs started the presentation by providing some background information about Salisbury’s Assertive Community Treatment (ACT). This program came to fruition in 2010 because of the closure of Allentown State Hospital. ACT is a comprehensive community-based treatment program for persons with severe and persistent mental illness. The ACT Team consists of a group of mental health professionals who function as the primary provider of all treatment services to individuals in the program. The Salisbury ACT Team consists of the following staff:

- Team leader
- Psychiatrist
- Two Registered Nurses
- Two Master’s Level Mental Health Professionals
- Co-occurring Substance Abuse Specialist
- Certified Peer Specialist
- Housing Specialist
- Vocational Specialist

The Community Support Plan (CSP) is a recovery plan which is developed for every consumer based on their treatment needs and goals. Salisbury ACT Team currently is serving 64 people throughout Monroe, Carbon, and Pike Counties. Ms. Kovacs explained the after-hours Crisis Intervention Services (On-Call). In order to meet the needs of the individuals, the team is available to provide services 24 hours a day, seven days a week. In closing, Ms. Kovacs mentioned the Joint Stakeholder’s Advisory Committee meeting which is held quarterly in collaboration with Salisbury Behavioral Health ACT, another ACT Team, and local service providers. The goal is for participants to identify outcomes and discuss strategies that will help improve the quality of services.

<b>ACTION ITEMS</b>	
<b>Minutes</b>	Motion by Eugene Pelletreau, seconded by Elizabeth Torkildsen, and carried unanimously to accept the minutes of the May 21, 2018 meeting.
<b>Agency Reports</b>	Ms. Clymer reviewed the Mental Health and HealthChoices reports. No motion required.
<b>Financial Report for HealthChoices</b>	Motion by Dr. Laurene Clossey, seconded by Eugene Pelletreau, and carried unanimously to accept the HC Unaudited Financial Report for the period ending May 31, 2018.
<b>Financial Report for MH, DS, and EI</b>	Motion by Dorothy Eberts, seconded by Elizabeth Torkildsen, and carried unanimously to accept the MH/DS/EI Unaudited Financial Report for the period ending May 31, 2018.
<b>OLD BUSINESS</b>	
<b>County Human Service Plan</b>	Ms. Clymer reported that the Commissioners voted to approve the plan that was submitted. We are waiting to hear back from the state if any additions or changes are needed.
<b>State Budget Status</b>	Ms. Clymer reported that the budget FY 2018-19 has been approved and signed by the governor. In the last version of the budget there were some slight changes to programming funds in both Mental Health and Developmental Services. It is positive that the budget settled early at the projected level of funding. However, level funding is really a decrease in funding because it does not allocate for increase in costs.
<b>Board Membership</b>	Ms. Clymer announced that we have a recommendation for a new board member and the plan is for the commissioners to vote at their next scheduled meeting. There are also two potential candidates for the remaining open position.
<b>NEW BUSINESS</b>	
<b>CMP MH/DS Leadership Academy</b>	Ms. Clymer stated that two training sessions were held with managers. They participated in exercises to assess and understand how to develop their leadership styles and skills. Moving forward, the agency will begin focusing on promoting the vision and mission with all staff on a daily basis.
<b>OTHER</b>	
<b>New Initiative</b>	Ms. Clymer shared the news about an exciting partnership initiative with East Stroudsburg University (ESU). The project is designed to educate students about Mental Health recovery.
<b>Thank You</b>	Ms. Torkildsen extended a thank you to Tom Carasiti for his work that helped secure funding for an individual to attend a day program. The family is extremely grateful and appreciates everyone's efforts.
<b>Next Meeting</b>	Monday, July 23, 2018
<b>VISITORS</b>	Jamie Kovacs and Shirley Meryweather
<b>ADJOURNMENT</b>	Motion by Eugene Pelletreau, seconded by Commissioner Moyer, and carried unanimously to adjourn the meeting at 7:36 p.m.
<b>APPROVED BY</b>	<i>Tina L. Clymer, Administrator</i> 