

Carbon-Monroe-Pike Mental Health and Developmental Services Advisory Board

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| MINUTES | SEPTEMBER 24, 2018 | 7:00 P.M. | 724 PHILLIPS STREET STROUDSBURG, PA 18360 |
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A meeting of the Carbon-Monroe-Pike Mental Health and Developmental Services Advisory Board was convened on this date at 7:00 p.m. in the MH & DS Administrative Conference Room at 724 Phillips Street, Suite 202, Stroudsburg, Pennsylvania and via conference call.

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| MEETING CALLED BY | Dr. Samuel Dolgopol and Tina L. Clymer, MS, LPC, Administrator |
| CHAIR | Dr. Samuel Dolgopol |
| RECORDING SECRETARY | Beth Bingaman-Lutz |
| PRESENTER | Mr. Jeff Hartzell, HealthChoices Coordinator |
| BOARD MEMBERS PRESENT | Dr. Samuel Dolgopol, Commissioner Moyer, Susan Barradale, Tom Carasiti, Suzanne McCool, Dr. Laurene Clossey, Dorothy Eberts, Eugene Pelletreau, and Elizabeth Torkildsen |
| BOARD MEMBERS ABSENT | Constance Proctor, Commissioner O'Gurek, and Commissioner Guccini |
| STAFF MEMBERS PRESENT | Kathleen Peterson, Beth Bingaman-Lutz, Jeff Hartzell, and Jennifer Williams |

AGENDA TOPICS

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| PRESENTATION | HEALTHCHOICES (HC) | Jeff Hartzell, HC Coordinator |
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Mr. Hartzell presented the HealthChoices Departmental update to the board. HealthChoices finally moved into their new office space. Everyone has settled in and are adjusting nicely. Zaadya Martinez recently started as the new part-time Clinical Coordinator. Along with her private practice counseling work, schooling, and having worked at Carbon-Monroe-Pike Mental Health and Developmental Services for many years, she brings a lot of experience to the position.

Fiscal year 2019 has already shown a rise in utilization for Residential Treatment Facilities (RTF), Inpatient Psychiatric, and Residential Rehabilitation Treatment Programs for Drug and Alcohol. Rates this year look favorable for the Medicaid expansion population but there may be a negative impact on the legacy population. Discussions with the state have already taken place on covering expenses. Taking steps to handle adjusting rates will assist in keeping costs down as the year progresses.

Site work with the HealthChoices auditor has been completed. Once the state approves the audit, there will be year-end fiscal dollars available for reinvestment opportunities. In terms of reinvestment plans for this year, three plans were put through which included: a flexible housing fund renewal; trainings on guidelines for determining levels of care for substance abuse disorders under the American Society of Addiction Medicine (ASAM); and Virtual-Mobile Crisis Intervention. The remainder of monies will fund the longstanding reinvestment plan for Supported Independent Housing for Transitional Youth. This is a great opportunity to maintain this program since it has been very successful over the years.

ACTION ITEMS

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| Minutes | Motion by Dr. Laurene Clossey, seconded by Eugene Pelletreau, and carried unanimously to accept the minutes of the July 23, 2018 meeting. |
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| Agency Reports | Ms. Clymer reviewed the Mental Health and Developmental Services reports. No motion required. |
| Financial Report for HealthChoices | Motion by Eugene Pelletreau, seconded by Suzanne McCool, and carried unanimously to accept the HC Unaudited Financial Report for the period ending August 31, 2018. |
| Financial Report for MH, DS, and EI | Motion by Suzanne McCool, seconded by Elizabeth Torkildsen, and carried unanimously to accept the MH/DS/EI Unaudited Financial Report for the period ending August 31, 2018. |
| OLD BUSINESS | |
| County Human Service Plan | Ms. Clymer stated that the plan was approved for all three counties with no corrections needed. The next plan meeting is scheduled for December 6, 2018 in Aging's Conference Room at 724 Phillips Street at 10:00 a.m. The agency will be hosting Poverty Simulation Workshops. Invitations will be sent to attend the follow dates: <ul style="list-style-type: none"> • Pike County - Friday, October 26, 2018 • Carbon County - Friday, November 2, 2018 • Monroe County - Tuesday, December 4, 2018 |
| State Budget Status | Ms. Clymer reported that while in Harrisburg meetings with legislators, she advocated the need to restore the 10 percent funding cut that was lost, and stressed the importance of keeping behavioral health carve-out programs contracted with managed behavioral health organizations. |
| Award Nominations 2018 | After the ballots were tallied, Ms. Clymer announced this year's awards. The following individuals were chosen: <ul style="list-style-type: none"> ➤ Jennifer Fuente ➤ Judge Jonathan Mark ➤ Charles Cahn ➤ Ernest Roundtree Motion by Dr. Laurene Clossey, seconded by Eugene Pelletreau, and carried unanimously to accept the four award recipients. |
| NEW BUSINESS | |
| Election of Board Officers 2019 Calendar | The following 2019 Board positions were presented: Chair: Dr. Samuel Dolgopol Finance: Commissioner John Moyer Vice Chair: Mr. Eugene Pelletreau Secretary: Dr. Laurene Clossey All officers agreed to serve another term. Motion by Commissioner John Moyer, and seconded by Ms. Suzanne McCool to accept nominating committee by acclamation. |
| OTHER | |
| Next Meeting | Wednesday, October 17, 2018 |
| VISITORS | Shirley Meryweather |
| ADJOURNMENT | Motion by Mr. Eugene Pelletreau, seconded by Commissioner Moyer, and carried unanimously to adjourn the meeting at 7:47 p.m. |
| APPROVED BY | <i>Dr. Laurene Clossey, Secretary</i> Laurene Clossey |